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# ABACUS INTERNATIONAL HSE SERVICES PVT. LIMITED

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## COMPANY PROFILE



YEAR 2020

[www.abacus-int.com](http://www.abacus-int.com)

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## VISION STATEMENT

To be a globally distinguished firm providing reliable Compliance services while believing in assurance and excellence.

## MISSION STATEMENT

*Abacus International* is committed to deliver exceptional trainings and precise consultancy to our valued clients and stakeholders. We believe in contributing to develop a safe and sustainable community by offering ONE STOP SHOP in order to make the environment green and productive.

## WHAT WE DO

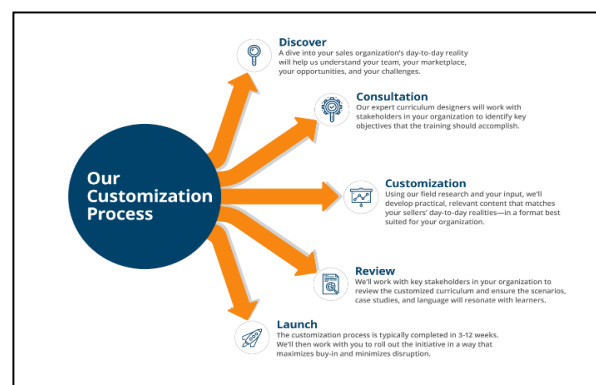
**Abacus International** empowers organizations to protect the well-being of workers, reduce risk, improve productivity, enhance compliance, and drive measurable business improvement through its QHSE, Management, Supply Chain and Corporate Social Responsibility platforms.

## WHY CHOOSE US

Abacus International is one of the leading Training and Consultancy Company which on boards an immense team of internationally certified experienced Trainers and Consultants. Our expert team makes customize solutions for specific businesses needs which also comply international standards. Moreover, we are accredited/approved center of multiple internationally renowned bodies' including but not limited to **NEBOSH** (National Examination Board in Occupational Safety & Health) UK, **IOSH** (Institute of Occupational Safety & Health) UK, **HABC** (Highfield Awarding Body for Compliance) UK and **ASHI** (American Safety & Health Institute) USA to deliver and assess their accredited trainings.

## CUSTOMIZED SOLUTIONS

We provide in-house customized trainings rendering to clients requirements. If any organization considering to pose an in-house training on a topic not stated below, we can develop and deliver training as per clients' topic requirement



## TRAININGS PORTFOLIO

QUALITY, HEALTH, SAFETY, & ENVIRONMENT (QHSE)	INTERNATIONAL TRAINING COURSES	MANAGEMENT TRAININGS (Soft Skills)
<ul style="list-style-type: none"> <li>Total Quality Management</li> <li>Quality and Productivity Improvement Tools</li> <li>Production Planning and Control</li> <li>Project Management Using Primavera (P6)</li> <li>Inventory Control</li> <li>Logistics Supply Chain Management</li> <li>Risk Based Process Safety (RBPS)</li> <li>First Aid and CPR/AED</li> <li>Heart Savor Instructor Course</li> <li>Fire Safety and Fighting</li> <li>Advanced Fire Fighting</li> <li>Safe Driving Skills</li> <li>Manual Handling</li> <li>Working at Height</li> <li>Confined Space Entry</li> <li>Health, Safety, Security and Environment (HSSE)</li> <li>Chemical Spills</li> <li>Behavior Based Safety</li> <li>Scaffold Erection, Inspection and Dismantling</li> </ul>	<ul style="list-style-type: none"> <li>Lean Six Sigma Yellow Belt</li> <li>Lean Six Sigma Green Belt</li> <li>Lean Six Sigma Black Belt</li> <li>IOSH Managing Safely</li> <li>NEBOSH International General Certificate in Occupational Health and Safety</li> <li>NEBOSH HSE Certificate in Process Safety Management</li> <li>IASP OSHA 30 Hour Standard Training</li> <li>QMS ISO 9001:2015 Lead Auditor Course</li> <li>EMS ISO 14001:2015 Lead Auditor Course</li> <li>OHSMS ISO 45001:2018 Lead Auditor Course</li> <li>HABC First Aid CPR/AED</li> <li>HABC BLS &amp; AED</li> <li>HABC First Aid at Work Level 2</li> <li>HABC Fire Safety at Work</li> <li>HABC Risk Assessment Level 2</li> <li>HABC COSHH Assessment</li> <li>HABC Work at Height</li> </ul>	<ul style="list-style-type: none"> <li>Stress and Anger Management</li> <li>Emotional Intelligence (EQ) Skills</li> <li>Problem Solving &amp; Conflict Handling</li> <li>Effective Communication Skills</li> <li>Train the Trainer</li> <li>Leadership and Team Building</li> <li>Goal Setting</li> <li>Optimum Performance</li> <li>Personal Development</li> <li>Sales Training – the power to influence</li> <li>In-It to Win-It</li> <li>Continuous Improvement Training</li> <li>Human Resource Management</li> <li>Inspirational Leadership</li> <li>Work Life Balance and Stress Management</li> <li>Positive Mental Attitude</li> <li>First Line Manager Training</li> <li>Customer Service Training</li> </ul>

## CUNSLTANCY PORTFOLIO

HEALTH AND SAFETY	ISO STANDARDS
<ul style="list-style-type: none"> <li>• Health &amp; Safety Policy Making</li> <li>• Hazard Identification and Risk Assessment</li> <li>• Emergency Management/Emergency Response and Preparedness</li> <li>• Disaster Management</li> <li>• Health &amp; Safety Monitoring</li> <li>• Contractors/Suppliers Health and Safety Management</li> <li>• Emergency Response Plan</li> <li>• OHSAS 18001:2007</li> <li>• 5S Systems</li> </ul>	<ul style="list-style-type: none"> <li>• ISO 9001:2015 Quality Management System</li> <li>• ISO 14001 : 2015 Environment Management System</li> <li>• ISO 45001 : 2018 Occupational Health and Safety Management System</li> <li>• ISO 22001 Food Safety Management System</li> <li>• ISO 27001 : 2005 Information Security Management System</li> <li>• ISO 17025 Testing and Calibration Laboratories</li> <li>• ISO 17020 Conformity assessment</li> </ul>

## OUR INTERNATIONAL ACCREDITATION / APPROVALS



### National Examination Board in Occupational Safety & Health (NEBOSH)

National Examination Board in Occupational safety and health is a UK-based independent examination board delivering vocational qualifications in health, safety & environmental practice and management. It was founded in 1979 and has charitable status. NEBOSH is a leading global brand in health, safety and environmental qualifications. Our internationally recognised qualifications help to raise the competence of safety and environmental professionals as well as individuals at all levels in the workplace. Since NEBOSH inception in 1979 more than half a million people from around the world have studied for a NEBOSH qualification. Tens of thousands join their number every year studying with our network of

600 course providers in over 132 countries. NEBOSH qualifications are highly respected by governments, employers and our students. They build the knowledge and skills which underpin competent performance as a health, safety and environmental professional. Abacus International HSE Services (Pvt) Ltd. is Silver Learning Partner of NEBOSH.



### **Institution of Occupational Safety and Health (IOSH)**

The Institution of Occupational Safety and Health is a British organization for health and safety professionals. IOSH is the biggest health and safety membership organization in the world, and also the only Chartered body for health and safety professionals. IOSH is the chartered professional body for safety and health in the workplace. It acts as a champion, supporter, adviser, advocate and trainer for those who protect the safety, health and wellbeing of others. IOSH has over 46,000 members, from over 120 countries. This includes an extensive trainer network. Over 179,000 delegates attended IOSH training courses in 2016.



### **Highfield Awarding Body for Compliance (HABC)**

Highfield is a global leader in compliance and work-based learning and apprenticeship qualifications and one of the UK's most recognizable awarding organizations. As such Highfield is regulated by Ofqual, Qualifications Wales, SQA Accreditation, the Council for the Curriculum, Examinations and Assessment (CCEA), and the Security Industry Authority (SIA). In addition to this, Highfield is also a government-regulated end-point assessment organization (EPAO). HABC has developed 250+ qualifications designed to enhance the career prospects of learners. These qualifications are now delivered by over 19,000 trainers and training providers spread across 50 countries.



### **Professional Evaluation and Certification Board (PECB)**

PECB is a certification body for persons, management systems, and products on a wide range of international standards. As a global provider of training, examination, audit, and certification services, PECB offers its expertise on multiple fields, including but not limited to Information Security, IT, Business Continuity, Service Management, Quality Management Systems, Risk & Management, Health, Safety, and Environment. PECB helps professionals and organizations show commitment and competence by providing them with valuable education, evaluation and certification against rigorous internationally recognized standards. PECB mission is to provide our clients with comprehensive services that inspire trust, continual improvement, demonstrate recognition, and benefit the society as a whole. PECB is accredited by IAS against ISO/IEC 17024, ISO/IEC 17021-1, ISO/IEC 17065.



### **AOSH Awarding Body UK Ltd.**

AOSH Awarding Body UK Ltd. is a progressive and fast growing autonomous awarding body, our purpose is to certify practitioners in the health and safety profession. AOSH UK Certification Schemes are accredited by International Accredited Service (IAS) as per ISO/IEC/17024:2012 standard. AOSH UK utilizes the skills of health and safety/industry experts throughout the development and consultation processes. Their extensive knowledge of developing assessments, accrediting and certifying qualifications demonstrate their expertise. AOSH is a trusted and recognized autonomous awarding body by employers, training providers and learners in the UK and internationally.



### **AMERICAN SAFETY AND HEALTH INSTITUTE (ASHI)**

American Safety and Health Institute is one of the brand of Health & Safety Institute (HSI). Health & Safety Institute (HSI) is a family of seven brands offering complete emergency care training, continuing education, safety training and chemical compliance solutions with one goal: Making the Workplace and Community Safer. That mission is supported by innovative technology, robust administrative systems and exceptional customer support—three areas that have driven our organization forward since 1977. HSI is the only provider capable of addressing the full set of EH&S and emergency care compliance and training needs for individuals, businesses and trainers. HSI delivers high-quality training materials, courses and programs in CPR, first aid and advanced emergency care to healthcare professionals, first responders, employees and the community. Our credentialed emergency care training programs meet the requirements of nearly 5,000 state regulatory agencies, occupational licensing boards and national associations in more than 550 occupations and professions.

## OUR EXPERT TEAM



### **AAMIR RASHEED**

TRAINER AND CONSULTANT

Quality, Health, Safety and Environment

A competent professional with an experience of more than 17 years in the field of Quality, Safety, Health and Environment. He has been worked with number of National and Multinational companies including Kuwait Oil Company (KOC, Kuwait), Kharafi National (Kuwait) and Deson Engineering (Kuwait and Pakistan). The core area of expertise include QSHE Management, Risk Assessment, Auditing & Inspection, Training and Development, Documentation, Team Management and Recruitment. He is Chartered Member of IOSH and now pursuing for Chartered Fellow member which is the highest membership of IOSH, He is also a full member of International Institute of Risk and Safety Management (IIRSM). He is Certified Auditor of ISO 9001 QMS, ISO 45001 OHSMS and ISO 14001 EMS and has been conducted number of audits for large and medium size corporates. He is approved Lead Trainer and Assessor for NEBOSH IGC in OHS and NEBOSH Process Safety Management, IOSH Managing Safely, Highfield Level 1 to Level 4 OH&S Qualifications and Lead Auditor Trainer of ISO 9001, 45001 and 14001. He is also serving as board member of American Society for Safety Professionals and had elected as President 2018 - 2019 for Kuwait. He has been visited America and major countries of Asia, Middle East and Europe.



### **MUHAMMAD HASEEB HASSAN**

TRAINER

Soft Skills & QHSE

Engr. Haseeb Hassan, graduated as Metallurgy and Materials Engineer, obtained Masters in Quality, Safety and Environment from Germany. Furthermore, he completed Masters in Business Administration with specialization in Supply Chain Management. He holds a unique combination of technical, managerial and research skills along with excellent communication ability. He has more than 12 years of professional working experience with various renowned organizations including Nestle - Pakistan, Millat Equipment Limited, Superior Group of Colleges. From last more than 6 years, he has been performing his role as Lecturer (BS-18) at Institute of Quality and Technology Management, University of the Punjab. Currently, he is involved in training activities and various research projects. The core area of expertise includes QSHE Training & Development, Waste Management, Total Quality Management, Emergency Preparedness and Response, Training on Stress Management, Emotional Intelligence, Communication Skills, Leadership Skills, Personal Development, Conflict Management and Train the Trainer. He has been served number of clients including but not limited to Dawn Breads, CIWCE, Chen One, Unique Leathers, Sadaqat Limited and Alhadi Textile. He is approved tutor of NEBOSH IGC in OHS, NEBOSH Process Safety Management, and Highfield OH&S Qualifications from Level 1 to Level 4. He is Graduate member of IOSH, member of PEC, ACerS, AIST, TMS and ASM. He has been visited America, Germany, Iran and Iraq.





### **KAISER SHAHZAD MUGHAL**

TRAINER

Health and Safety

More than 11 years of working experienced of HSE Management & Training in Middle East and Pakistan. He is one of the most dedicated trainer to his leaners, He is approved trainer for NEBOSH International General Certificate and IOSH Managing Safely. He is actively involved in health and safety trainings and development from last more than 6 years. He is teaching NEBOSH IGC and IOSH Managing Safely on regular basis since 2017, developing and delivering customized trainings to corporate sector. He has been taught more than 3,000 learners throughout his training career. He has been worked with local and international companies including Aesthetic Construction Company, Balsharaf Group Kingdom of Saudi Arabia, Auditor General of Pakistan, Wilsons Pharmaceuticals, Wapda Pakistan and Etimead Engineering. He is a Technical member of Institute of Occupational Safety and Health (IOSH). He did his Bachelor of Commerce with sciences background from leading institutions of Pakistan. He has visited Kingdome of Saudi Arabia, Iraq and United Arab Emirates.



### **FOUZIA PERVEEN**

TRAINER AND CONSULTANT

First Aid, CPR/AED, Heart Savor

A specialist in Public Health Sciences, actively involved in First Aid Trainings and Consultancy since 2013. By education she is PhD Fellow in Public Health, M.Phil. in Public Health and BSc. in Emergency & Intensive Care Technology. She has also done number of professional medical qualifications including Neonatal Resuscitation Program (NRP), Advanced Trauma Life Support Course (ATLS), Advanced Life Support in Obstetrics (ALSO), Advanced Cardiac Life Support (ACLS), Basic Life Support (BLS), Basic Life Support, CPR & AED, Management of Childhood Tuberculosis Case, TB Laboratory Supervision for Non-Lab. Supervisors, Health Care Personnel Training Workshop by Punjab Thalassemia Prevention Project. She is certified instructor of American Heart Association (AHA), American Safety and Health Institute (ASHI) and Highfield Awarding Body for Compliance (HABC), she has taught more than 100 sessions attended by more than 1,000 learners at corporate and institutional level. She has been worked with local and Govt. bodies including College of Physicians and Surgeons Pakistan (Islamabad, Lahore, Multan, Faisalabad Karachi, Quetta, and Peshawar & Abbottabad), University of Health & Sciences, Fatima Memorial Hospital, Social Development Funds by Global Funds, Hameed Latif Hospital, Sir Ganga Ram Hospital, Jotun Powder and Coating, Transfopower Limited and Mangla Dam Project.



### **MUHAMMAD MUJAHID KHAN**

TRAINER AND CONSULTANT

Environment, Health & Safety

He has colossal experience of more than 14 years in the field of Occupational Safety and Health consultancy and training. He has been worked with Centre for the Improvement of Working Conditions and Environment, Labour and Human Resource Department, Government of the Punjab, Blue Sea Environmental Consultants, UAE,

BEMCO Arabian - Saudi Arabia, Nyumba Ya Akiba SRL - Democratic Republic of Congo, ECTECH Environment Consultant & APEX Environmental Laboratory Pakistan. He has been worked as consultant for major development projects funded by World Bank & Asian Development Bank in Pakistan. Possessing the vast experience of carrying out Risk Assessment (Qualitative & Quantitative) and HSE Site surveys, Environmental monitoring, accident investigations and advisory services for many industries including Oil and Gas, Fertilizer, Cement, Textile, Ginning, Leather and Pharmaceutical sectors. By education he has done M.Phil. in Environmental Sciences, MSc. In Environmental Sciences and BSc. In Botany, Zoology and Chemistry. He is approved trainer for IOSH Managing Safely & IOSH Working Safely and and Highfield OH&S Qualifications from Level 1 to Level 4. He has been conducted multiple training in industry related to Health, Safety and Environment and has trained more than 5000 HSE professionals. He is Consultant on ISO EMS 14001:2015, OHSAS 18001:2007, ISO QMS 9001:2015 and ISO OHSMS 45001:2018 and have led number of projects. He has visited Saudi Arabia, UAE, Germany, United Kingdom, Turkey and Italy.



### **NAJEEB UL HASSAN**

TRAINER

Health & Safety

A very dynamic health and safety trainer with over 12 years of working and training and enormous experiences in Middle East and Pakistan. He has been served several national and international clients including Nestle Pakistan, Sindh Engro Coal Mining Company (SECMC), Buhler Pakistan, Unilever Pakistan, Dubai Civil Engineering LLC, Ali

& Sons Contracting LLC Abu Dhabi and DESCON Engineering Pakistan. He is an approved tutor of NEBOSH International General Certificate in Occupational Health and Safety and IOSH Managing Safely, he is vigorously involved in training and development since 2013. He is Graduate member of IOSH and member of American Society of Safety Professionals, Pakistan Chapter. He did his graduation in double math from one of the leading university in Pakistan, University of the Punjab. He also achieved some international qualifications if health and safety including International Diploma in Occupational Health and Safety by British Safety Council, NEBOSH International General Certificate, OHSAS 18001:2007 and ISO 14001:2015 EMS Lead Auditor Course.



### **DR. HAKEEM - UR – REHMAN**

TRAINER & CONSULTANT

Six Sigma and Supply Chain

*Dr. Hakeem-Ur-Rehman (Certified Six Sigma Black Belt)* is a dynamic consultant, trainer & an academician with over 10 years of experience at leading Pakistan academic institutions such as University of the Punjab, Lahore and professional executive training bodies such as National Productivity Organization (NPO)-Lahore, Ministry of Industries

& Production, Pakistan and Haier training institute, Lahore, teaching students and train professionals from various industrial engineering and management sciences backgrounds. He involves as a Resource Person in a number of professional training/courses like Lean Six Sigma (Green and Black Belt), Lean Thinking–Process Mapping to Value Stream Mapping, SPC using Minitab, and Project Management using Primavera, etc. His academic background includes Ph.D. Management Science & Engineering (Supply Chain Management) from Shanghai Jiao Tong University, Shanghai, China; MS–Total Quality Management and MSc in Information & Operational Management (Operations Research) from University of the Punjab, Lahore, Pakistan. He is

member of Production & Operations Management Society (POMS), USA and Institute of Operations Research and Management Science (INFORMS), USA. He has visited China, Sirilanka, United Arab Emirates (UAE) and United States of America (USA).



### **CHAUDHRY NAMAN ZAFAR**

TRAINER & CONSULTANT  
QHSSE

A Saudi Aramco approved QHSSE (Quality, Health, Safety, Security, and Environment) Manager with more than 15 years' experience in Management Systems Development, Implementation, Consultancy, Auditing, & Training with good international exposure and ability to work well in multicultural environment. He is certified Auditor for ISO 45001 OHSMS, ISO 14001 EMS, ISO 9001 QMS, ISO 22001 FSMS, ISO 27001 ISMS, and ISO 17025 Testing and Calibration. He is also approved tutor of NEBOSH International General Certificate (IGC). He has been worked in multi sectors including Oil & Gas, Food, Power, Metro, Construction and Marine. He has led more than 400 third, Second party and internal Audits and delivered more than 3500 Man Hours Trainings. As a consultant provided services to over 50 projects. In education he has done M. Phil in Philosophy in International Security from Pakistan, Master in International Security from Azerbaijan and Security & Safety Management, Information Security, Disaster Management from Geneva Center for Security Policy (GCSP) Switzerland. He is member of American Society for Industrial Security (ASIS) USA, International Register of Certificated Auditors (IRCA) UK and Institute of Occupational Safety and Health (IOSH) UK.



### **AHMAD RAZA**

TRAINER & CONSULTANT  
Health and Safety

He has been working for more than 10 years with multiple world class organizations comprising OGDC Pakistan, SINOPEC SERVICES KSA, Hyundai Heavy Industries (HHI)/Keller Turki Cnec/Keller Turki, Dragadose Gulf/Gec KSA, Technicas Reunidas (TR)/Mac and Br.Cat International Co KSA. The core area of competence comprises HSE Management, Accident Investigation & reporting, Occupational Health Hazard identification, HSE Trainings, Advisory / development of procedures, Contractor HSE Management. He is Graduate member of Institute of Occupational Safety and Health (IOSH), he has achieved NCFE recognized Level 6 International Diploma in Safety Engineering, NEBOSH International General Certificate, OHSAS 18001: 2007 and Highfield Level 3 International Award in Delivering Training. He is approved Trainer of NEBOSH International General Certificate, NEBOSH HSE Certificate in Process Safety Management and IOSH Managing Safely.



## TRAINING SESSIONS HIGHLIGHTS



## OUR VALUED CLIENTS



## CONTACT US

Our team is happy to serve your organization 7 days a week

Drop your inquiry at [info@abacus-int.com](mailto:info@abacus-int.com) OR call us at below numbers:

(+92) 423 5291 300 | 0335 5277 400 | 0321 8687 190

### Mailing Address:

Abacus International, Building Number 9, Haq Bahoo Street Judicial Colony Phase 1, Raiwind Road, Thokar Niaz Baig, Lahore (53700) – Pakistan.

